

Essential Needs

Emergency Shelter

Over the Counter medication (Travel Size)
Twin Comforters/Sheets
Pillows
Dish Soap
Bath towels, Hand towels, Face Cloths
Formula
Baby Food (jars, pouches, snacks)
Baby Bottles/Sippy Cups
Baby Wiipes
Diaper Rash Cream
Size 4-5-6 diapers ONLY
Size 4-5 Pull ups ONLY
Turkeys near the Holidays

Community Support

Body Wash for Kids
Body Lotion
Body Wash for Adults
Hair Brushes
Loofahs
Bath Bombs
Shampoo/Conditioner
Women's Deodorant
Women's Razors
Make up
Q-tips
Journals
Adult Coloring Books

Clothing

Toddlers Size 2-5 T &
Youth Size 6 - 14:
Jogger Pants
Tops
Hoodies
Runners
Winter boots & jackets
Moms:
Leggings/Jogger Pants
Hoodies
Runners
Sports Bras
Slippers
Winter boots & jackets

Child, Youth & Family Program

Kinetic Sand
Magazines
Glue sticks & Liquid
Beads/Gems
Feathers
Stickers
Art Activity Kits
Paper Masks

Child Activity Centre

Laminator
Water table
Crib Sheets x 6
Thermasoft Cotton Knit Blanket x 6
Toddler Cot Sheet x 6
IKEA KALLAX Shelf unit, white x 1
(77x77 cm (30 3/8x30 3/8 ")

Healthy Relationships

SIM cards
Pre-paid Phone cards
Transit Passes
Earbuds /Headphones
Android Phone chargers
Grocery Cards (Walmart/Superstore)
Water Bottles

^{*}Due to health and safety concerns, we cannot accept used clothing and toys.

^{*}We cannot accept new or used furniture, small appliances and household items.

^{*}We do not take hotel/travel size due to the length of stay that clients are at the Shelter.