



REPORT TO COMMUNITY

2022-23

It's time to **CHANGE THE CONVERSATION**



FearIsNotLove

Every human has the **right to feel safe, respected, supported** and loved.

FearIsNotLove.ca

MISSION

To support all people to live from fear, neglect, violence and abuse.

VISION

A community free from fear, neglect, violence and abuse.

ABOUT US

You may have originally known us as the Calgary Women's Emergency Shelter. We're still us. We have evolved from our beginnings to **FearIsNotLove**.

FearIsNotLove. These four words share perhaps the most important thing you need to know about us. It's who we are. And it's what we stand for.

In this bold evolution, we will elevate the conversation around domestic violence and abuse, and spark a social movement in the city. We aim to educate and inspire Calgarians to start new dialogue and to break down barriers and dismantle the stigma attached to neglect, violence and abuse.

Our goal is to help all people to have violence-free lives, to live without fear, and get to the ultimate outcome—love. It's what we all want and need.

Every human has the right to feel safe, respected, supported, and loved.

TABLE OF CONTENTS

03

CEO & PRESIDENT'S MESSAGE

04

PROGRAMS & SERVICES

05

YEAR IN REVIEW

06

PROGRAM OUTCOMES

08

HIGHLIGHTS

09

VOLUNTEER PROGRAM & BOARD OF DIRECTORS

10

COMMUNITY EVENTS

11

TREASURER'S REPORT

13

FUNDERS, DONORS, SPONSORS & SUPPORTERS

18

GET INVOLVED

CEO & PRESIDENT'S MESSAGE

Kim Ruse
CEO

Shelly Norris
President

It's time to Change the Conversation.

This past year has been a significant one for our agency. Following an extensive stakeholder engagement process, we entered a new chapter for our organization, an evolution that will help serve even more people impacted by domestic violence and abuse in Calgary.

In recent years, you've heard us say "*we're more than a shelter*". Because we are. But because of our name, many people didn't know the real us.

They didn't know what we offer and question if they should reach out for help, or not. Most people didn't see our name as having something to offer them. We've never been just for women and we've always been more than a shelter.

The Calgary Women's Emergency Shelter began as it is today—a much needed and critical support for women experiencing violence and abuse. Growing out of the clear vision and deep sense of care of our founders nearly 50 years ago, the work continues today as a beacon in the community.

The face of domestic violence and abuse has changed dramatically over the years and is now much more complex. The experience of domestic abuse cuts across, gender, economic and social boundaries in ways that have demanded us to work better and smarter to care for all involved. When people of all genders and ages experience violence, shelter isn't the only thing they need. The Calgary Women's Emergency Shelter name no longer captures the true impact we have in the community.

FearIsNotLove is our new name. It acts as an avenue to launch a major social change movement and help elevate the conversation around domestic violence and abuse. It's who we are. And it's what we stand for.

Neglect, violence and abuse are life-altering, terrorizing behaviours.

We call attention to the behaviours that lead partners and family members to not feel safe to be who they are, to feel afraid to speak their minds, and to feel terrified in their own homes. This can happen to anyone—regardless of how strong, intelligent, capable, educated, resilient or successful they are.

It's a standard that everyone, especially young people, can use to assess the health of their close relationships.

FearIsNotLove tackles the unfair assumptions, embarrassment and shame that have been attached to domestic violence and abuse for too long.

FearIsNotLove applies to both the victims and the people who use abuse and who want to change their behaviour.

The work we do is critically important. We are transforming and saving lives. We are helping people make different choices for themselves and carving new paths. We want to offer more help,

serve more people, and get involved earlier, so we can actually stop domestic violence and abuse from happening in our community.

Now as **FearIsNotLove**, many more people impacted by neglect, violence and abuse will recognize that they can find help here. Our goal is to help people to have violence-free lives, to live without fear, and get to the ultimate outcome—love. It's what we all want and need.

The Calgary Women's Emergency Shelter facility is, and always will be, an integral part of our services. This will not change. It is a key part of who we are and who we serve, but it's time for a shelter to become a movement. It's time for us to start new dialogue and change the conversation about domestic violence and abuse. Moving our cause forward.

We know that with this courageous step, we will have a larger, more visible and an even louder platform to reach people. To connect, educate and inform, and to raise our sights on helping more people who need us.

Our agency is always committed to ongoing improvement and finding new ways to ensure we are a healthy and informed organization. The 2023-2026 strategic plan will continue with the great work from the previous plan, while creating new possibilities and building a foundation for focused operations and practice in our new evolution. As we look ahead, we will continue to collaborate with diverse stakeholders, including a commitment to engage with the calls to action of the Truth and Reconciliation Report.

We cannot do this crucial work alone. Our donors, funders, supporters, community partners, staff and volunteers are a key part of our path forward in this bold new direction. Thank you for your generous and ongoing support.

PROGRAMS & SERVICES

FearIsNotLove supports individuals, families and communities to live free from domestic violence and abuse. We serve all people to live free from fear, neglect, violence, and abuse through a comprehensive range of innovative programs and services.



CONNECT DOMESTIC VIOLENCE & ABUSE HELPLINE

Crisis counselling, information and referrals for anyone needing support with domestic violence and abuse. Trained counsellors answer the phone 24 hours a day, 365 days a year. Multi-lingual support is available. Text and email support are also available.



CALGARY WOMEN'S EMERGENCY SHELTER

A 50-bed secure shelter for adults who identify as women, with or without children, who are fleeing domestic violence and abuse. Stay is for up to 21 days.



COMMUNITY SERVICES COUNSELLING

Offers counselling to any person in the community experiencing abuse, violence, or neglect in their close relationships. Counselling is offered in-person at a safe location, through virtual technology, and over the phone.



COURT PROGRAM

Help with navigation of the court system, for anyone who has experienced domestic violence and abuse and identifies as a woman.



MEN'S RESOURCE LINE

Phone counselling, information and support for individuals in the area of emotional and relational wellness. Available 24 hours per day, 365 days a year.



HEALTHY RELATIONSHIPS PROGRAM FOR YOUTH

Individual and group counselling for youth who have concerns about their close relationships.



MEN'S COUNSELLING SERVICE

Individual and group counselling for adults interested in creating or enhancing safety in their close relationships.



TAKE A STAND INITIATIVE

An educational program designed to help informal supporters provide helpful responses to people who are experiencing domestic violence and abuse.



CHILD, YOUTH & FAMILY THERAPY PROGRAM

Counselling for children and their parents, when there has been domestic violence and abuse in the home.



MEN &

An online resource offering trusted, accessible support, information and resources for the complex mental and relational health challenges men face.
menand.ca

To learn more about our vital work in the community: **FearIsNotLove.ca**

YEAR IN REVIEW

In 2022–2023, we supported **19,686** individuals.

16,040 CALLS

to the **Connect Domestic Violence and Abuse Helpline**

1,048 PARTICIPANTS

in the **Take A Stand Initiative**

65 CHILDREN OR YOUTH AND

70 PARENTS

accessed the **Child, Youth & Family Therapy**

772 ADULTS

accessed the **Community Services Counselling Program**

200 WOMEN

286 CHILDREN

were supported at the **Emergency Shelter**

135 YOUTH

participated in the **Healthy Relationships Program**

210 ADULTS

accessed the **Court Program**

415 ADULTS

109 PARTNERS

were helped through the **Men's Counselling Service**

218 INDIVIDUALS

participated in the **Cultural Helpers Program** as part of the **Men & Project**



PROGRAM OUTCOMES

100% of women who accessed the **Emergency Shelter** indicate that they feel safe from their abuser while in shelter.

95% of clients served through **Community Services Counselling** report they have learned how to keep themselves safe.

99% of **Take A Stand** participants feel more confident to respond to someone who discloses domestic violence and abuse, in a supportive, non-judgemental way.

100% of clients who accessed the **Court Program** indicate that they have a better understanding of the court process.

93% of parents have seen a positive change in their child as a result of the supports they received from the **Child, Youth and Family Therapy Program**.

77% of men served through **Men's Counselling Service** report that they are able to handle conflict and stress in a way that is respectful towards their partner.

90% of youth indicate that they have learned the skills to help build **Healthy Relationships** through their participation of the program.

CLIENT TESTIMONIALS

“I felt I was safe at my Mom’s house; loved and supported. The Emergency Shelter felt like home.”

~ **Michelle**

“I found it very helpful that I could speak freely about what I was feeling. I never felt judged or blamed, and now feel much stronger and confident.”

~ **Tom**

“I believe empowerment is the word that explains what I have gained. Every aspect of my life has changed through the support, guidance and the resources that I have received. I am now able to move forward.”

~ **Susan**

“I can now stop blaming myself for the abuse, or thinking ‘if only I tried hard enough’. I also don’t feel guilty to reach out for help anymore, and understand how critical it is to talk about these issues. The support I received helped me process my emotions, gain confidence in myself, and the courage to reach out for help.”

~ **Charlotte**

“My kids and I were provided with so much support and many helpful tools. The combination of emotional support, counselling, and practical resources was a powerful combination.”

~ **Karla**

“This group changed my life and helped me save my family.”

~ **Michael**

HIGHLIGHTS

Dignity for Children & Youth: It takes a Village

In February 2023, we presented an International Conference: *Dignity for Children & Youth: It takes a Village*. The conference focused on effective, respectful practice in the field of domestic violence by centering the work on the safety and dignity of children. More than 400 guests and speakers from all over the world attended the free 3-day event, both in person and virtually. The goal of the conference was to build better capacity in the domestic violence sector. Thank you to the Centre for Response Based Practice for supporting this event and to our funder, Women and Gender Equality Canada.

Men &

After launching Men & and the accompanying men's resource line in 2021, this past year we, we scaled the digital resources of the project. Online toolkits are now available to support men who want to build their relational and mental health. Interactive as well as downloadable kits are available at no cost. Toolkits include information about managing conflict, depression, goal setting, anxiety, managing life's transitions, fathering and how to apologize. Check the Men & website for additional resources and kits.

Men's Resource Line:
1-877-327-MENS (6367)
menand.ca

Turning Points Fundraising Gala—A New Day

On April 21, 2022, we hosted the Turning Points Gala, *A New Day*—our first in person event since 2019. Hosted by Dave Kelly, distinguished guests, community leaders and supporters joined together to help raise awareness and funds for our agency. The evening featured a panel discussion about family violence prevention and our work with children and youth with the Domestic Conflict Response Team of the Calgary Police Service, our CEO—Kim Ruse and front line staff. An inspiring musical segment was also performed by vocal ensemble Remix: Powered by Revv52. Thank you to our generous sponsors, supporters and guests for making the event a huge success, raising **\$665,607** in support of those we serve in the community.

Men's Cultural Helpers Program

This men's Indigenous healing project was launched this year, which includes Cultural Helpers that work to support Indigenous men build healthy relationship practices. It promotes health and healing by strengthening cultural traditions and teachings. Part of the Men & project, this initiative works towards establishing restorative and Land Based programming to augment and offer alternatives to mainstream therapeutic support. This learning approach offers active participation in community-based on reserve ceremonial activities aimed at physical engagement with elders' wisdom and teaching. It helps men understand their traditional role as provider for the family within modern times and focuses on how to rediscover a sense of community, and reclaim the roles of Father, Husband, Brother, Partner, and Son in a positive and healthy way.

For more information: menand.ca

VOLUNTEER PROGRAM

Volunteers are an integral part of our agency. We are grateful to this dedicated group of individuals who make generous gifts of time, talent, and energy. Their efforts help strengthen our mission and we can't thank our volunteers enough.

150

volunteers shared their gift of time and supported our agency.

3,905

volunteer hours of service were contributed last year.

BOARD OF DIRECTORS

Our Board of Directors is responsible for guiding our organization to fulfill our mission to support all people to live from fear, neglect, violence and abuse.

Shelly Norris – President
Jason Enns – Vice President
Imran Gulam – Treasurer
John Wilmot – Secretary

Debbie Blakeman – Director
Courtney Burton – Director
Laura Estep* – Director
Cathy Manten – Director
Jason McGonigal – Director
Timothy D. Mitchell* – Director

Connie Muller – Director
Ryan Schneider – Director
Suzan Hauszner* – Director
Kim Ruse – CEO – Leadership

*Resigned before the end of March 31, 2023.



COMMUNITY EVENTS

Independent special events, or third party fundraisers, big or small, are a very important component of our fundraising activities. Every event held in support of our agency gets us one step closer to achieving our mission to end domestic violence and abuse. Thank you to the many organizations, individuals and groups who organized fundraising events in the past year in support of those living in fear in our community.

Go to the Other Supporters and Events section at the end of this report to view a list of community supporters, or visit FearIsNotLove.ca.



TREASURER'S REPORT

This year, **FearIsNotLove** continued to experience increased demand for our services. To meet this demand, we leveraged our financial surplus to invest in innovative service delivery and to increase the number and types of supports we offer. The community and our stakeholders contributed to 5% growth in overall revenue (excluding emergency government funding), and we are grateful for the ongoing support and generosity.

We are focused on developing new, stable funding to ensure we are able to meet the growing and changing needs of our community. We look forward to working with our partners, stakeholders and community to change the conversation about domestic violence and abuse.

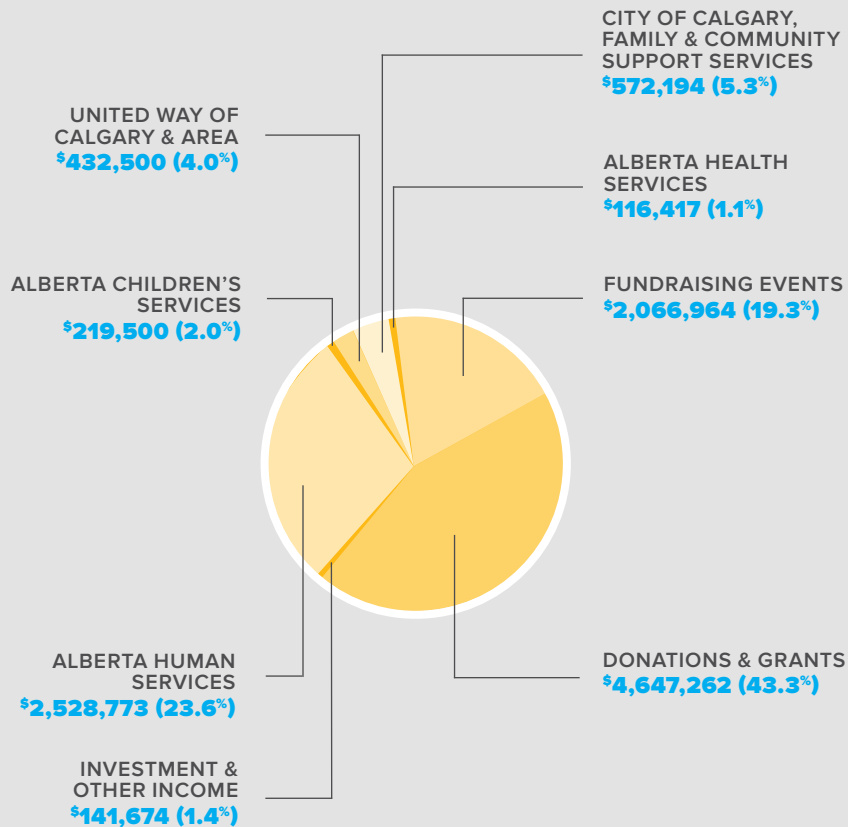
Imran Gulam
Treasurer
Board of Directors

FUNDING SOURCES & USES

FISCAL PERIOD ENDED MARCH 31, 2023

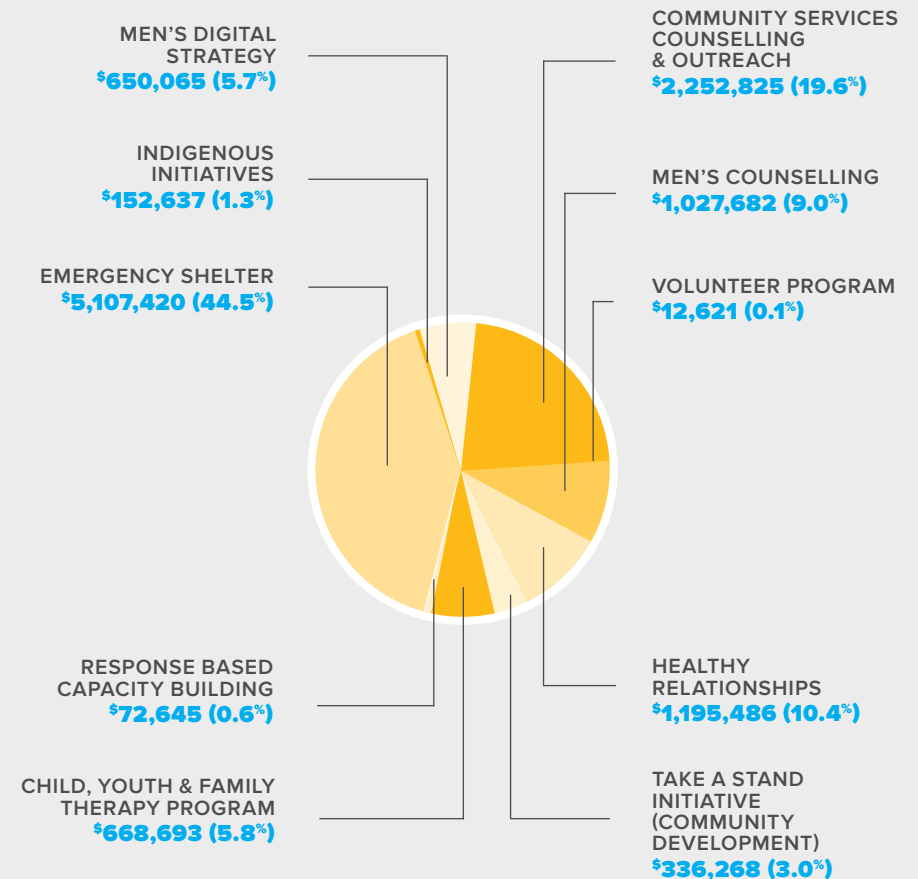
FUNDING SOURCES 2022-2023

TOTAL REVENUE **\$10,725,284**



FUNDING USES 2022-2023

TOTAL EXPENSES **\$11,476,342**



FUNDERS, DONORS, SPONSORS & SUPPORTERS

THANK YOU to the following funders, donors, sponsors and supporters for making a positive impact in our community and for helping Change the Conversation about domestic violence and abuse. Your generosity has demonstrated your care and commitment to our cause.

Our team could not be doing what we do every day, without your support.

FUNDERS

- Alberta Children's Services
- Alberta Health Services
- Alberta Human Services
- Calgary Foundation
- City of Calgary, Family & Community Support Services
- Government of Canada
- Prevention of Family Violence and Abuse
- United Way of Calgary & Area

CORPORATIONS & ORGANIZATIONS

PLATINUM \$50,000 +

- Alberta Law Foundation
- AMJ Campbell
- Brookfield Properties
- Cedarglen Living Inc.
- CTV Calgary - Bell Media
- Enbridge
- Inter Pipeline Ltd.
- Macquarie Group Ltd.
- Shoppers Drug Mart – Giving Shelter Campaign

GOLD \$25,000 – \$49,999

- Birchcliff Energy Ltd.
- Borger Group of Companies
- Calgary Shaw Charity Classic Foundation
- Cask Brewing Systems Inc.
- Calgary Co-op Community Foundation
- Postmedia
- Raymond James Canada Foundation
- Royal LePage Solutions/Royal LePage Shelter Foundation

SILVER \$10,000 – \$24,999

- Burnet, Duckworth & Palmer LLP
- BP Canada Energy Group ULC
- Brookfield Residential Properties Inc.
- Brydon Stairs Ltd.
- Carter Forest Products Inc.
- Cathedral Energy Services Ltd.
- Cenovus Energy Inc.
- Certarus Ltd.
- Crescent Point Resources Partnership
- Enerplus Corporation
- GDI Services (Canada) LP
- Heartland Generation Ltd.
- Homes by AVI (Canada) Inc.
- McLennan Ross LLP
- Pembina Pipeline Corporation
- RBC Royal Bank/RBC Foundation
- Rothmans, Benson & Hedges Inc.
- Saviour Technologies Inc.
- Suncor Energy Inc.
- TC Energy
- Valentine Group
- WILCO Contractors Southwest Inc.

BRONZE \$5,000 – \$9,999

- ATB Financial
- Axis Connects Corporation
- Bar None Ranches Memorial
- BMO Financial Group
- Brad Remington Homes 2010 Inc.
- Canadian Pacific
- Canyon Plumbing & Heating Ltd.
- Deborah Kowbel Fund
- Delta Calgary South
- EFW Radiology
- Emerson Clarke Printing Corporation
- Excel Homes Inc.
- Foss Wealth Management of RBC Dominion Securities
- Freehold Royalties Partnership
- Funday Agency Ltd.
- Heninger Toyota
- Husky Energy Inc./Husky Group of Companies
- Innovative Numerix Inc.
- Jayman BUILT
- JPMorgan Chase Foundation
- Kaizen Automotive Group
- Logel Homes
- Longshore Resources
- Mastermind Toys
- McKinsey & Company
- MEG Energy Corporation

- Melcor Developments Ltd.
- Mercedes Benz Downtown Calgary
- Mercuria Commodities Canada Corporation
- Morrison Homes
- NexusV Inc.
- NuVista Energy Ltd.
- Orange Room Services Inc.
- Ovintiv Canada ULC
- Ozlo Industries Inc.
- PCL Construction Management Inc.
- Pekarsky & Co.
- Peter the Plantman
- Pinder Wealth Management
- Sentinel Storage
- Shell Canada Ltd.
- Sifton Petroleum Inc.
- Supreme Windows Calgary Inc.
- TD Bank Group
- Teine Energy Ltd.
- TELUS
- The Bluerock Project
- Trail Appliances
- TSX Inc.

DONORS \$1,000 – \$4,999

- 1908622 Alberta Ltd.
- 495327 Alberta Ltd.
- 544880 Alberta Ltd.
- Acera Insurance
- Alberta Roofing Contractors Association Ltd. South Zone
- AltaLink
- ARC Financial Corporation
- Ashworth General Contracting Ltd.
- Associated Engineering Alberta Ltd.
- ATCO Group
- BARR Engineering and Environmental Science Canada Ltd.
- Benevity
- Best Service Pros Ltd.
- Bonavista Energy Corporation
- Cabra Consulting Ltd.
- Calbridge Homes
- Callow & Associates Management Consultants Inc.
- Canadian Natural Resources Ltd.
- Capital Power's Empower Hours Program
- Carbert Waite LLP
- Cavabien Spa
- Centra Cares Foundation
- CIBC – Personal & Commercial Banking in Alberta & NWT
- Civeo Canada Limited Partnership

- Connect First Credit Union
- ConocoPhillips
- Crate and Barrel Canada Inc.
- CWS Fiberglass Technology Ltd.
- Dentons Canada LLP
- Dr. Ken D. Fryatt PC
- EDC Associates Ltd.
- Engineered Air - Resman Community Services
- Enterprise Holdings Foundation
- Equilibrium Environmental Inc.
- Espy Experience
- Essential Energy Services
- Fairfield Watson & Lewis Inc.
- Fish Creek Nissan
- Fit Capital Solutions Inc.
- Foothills Orthopaedic Trauma Research Team
- Fresh Co - Ogden
- Gateway Tubulars Ltd.
- Getty Images Inc.
- Gibson Energy ULC
- Green Shield Canada
- Gryphon Petroleum Corp.
- Hardline Engineering Ltd.
- Hartel Holdings
- Hewlett Packard Enterprise
- Homes By Us Ltd.
- IBM Employees Charitable Fund
- Icube Development (Calgary) Ltd.
- IG Wealth Management
- ILF Consulting Engineers
- Intact Insurance Company
- Investra Ltd.
- Ironwood Building Corp
- Jaguar Land Group Ltd.
- Kevin J. Torsher Professional Corporation
- Lazy J Cattle Company Ltd.
- Legacy Vet
- Liberty Mutual
- Lukes Drug Stores Ltd.
- Maunders McNeil Foundation Inc.
- MRL Integrated Solutions Ltd.
- Paramount Resources Ltd.
- Parkland Fuel Corporation
- Partridge Wine Imports
- Qualico
- QV Investors Inc.
- Reliance Comfort Limited Partnership
- Remax Crown
- Sanjel Energy Services Inc.
- Shaw Communications Inc.
- Sherritt International Corporation
- Silkworm Advisory
- Southern Butler Price LLP
- Supporting Wellness Psychological and Family Services

- Tamarack Valley Energy Ltd.
- Tenaska
- The AME Consulting Group Ltd.
- The Lewiston Label Inc.
- The Mash
- The Winston Golf Club Ltd.
- Transenergy Services Ltd.
- Trimount Construction Ltd.
- Ultra-Lite Overhead Door Service
- Vista Projects Ltd.
- ViTreo Group Inc.
- Westbrick Energy Ltd.
- WestJet
- Worldplay Communications Inc.

INDIVIDUALS, FAMILIES & GROUPS

PLATINUM \$50,000 +

- Allardyce Bower Foundation
- Ernie and Elizabeth Pucci
- Estate of Lita Lucille Shepherd
- Estate of Richard Stanley Siluch
- Norris Family Foundation
- P.E.A.R.L. Foundation
- The Greene Family Charitable Foundation

GOLD \$25,000 — \$49,999

- Ajay Dhir
- Calgary Foundation
- Estate of Barry Garth Wilde
- Fred Kuipers
- Gary Nissen
- Gordon and Jill Rawlinson
- Horne Family Charitable Fund (Two) at Calgary Foundation
- KSBK Charitable Foundation
- Lois Jeanette Grant Memorial Fund at Calgary Foundation
- Neil Roh
- Patti and Jerry D'Arcy Legacy Fund at Calgary Foundation
- Starland Foundation
- The Arthur J. E. Child Foundation
- William S. Herron Family Charitable Foundation

SILVER \$10,000 — \$24,999

- Annie Freeze
- Anthony Woolf
- Calgary Kinsmen Club
- Children's Hospital Aid Society

- Coffey Family Fund at Calgary Foundation
- Crist Family Fund at Benefaction Foundation
- David Spence
- Denise Chupik
- Estate of William Edward Grafham
- Gerald A. and Beverly Berkhold/Berkhold Family Foundation
- James Evans
- Jan and Craig Bacher
- Jaye and Nancy Selin
- John and Elsie Collins Foundation
- John Wilmot
- Ken and Susan Renton and The Renton Family Foundation
- Kim Kelly
- Like A Rock Fund at Calgary Foundation
- Marilyn Withage Gifting Fund
- Mary Jane and Robert L. Swinn
- Matthew and Delia Stayner
- Michael and D. Jane Evans
- Michael Zimmerman
- Missy and Francisco - The Rocky Bags
- Mosm Fund at Nicola Wealth Private Giving Foundation
- Myles Bosman
- Parminder Thiara
- Paul Lee Family Foundation
- Pep and Bev Lough
- Peter and Janice MacKinnon
- Peter and L. Adele McKeen
- R. Gary and Shirley Edwards Fund at Calgary Foundation
- Richard and Cathy Bird
- Richard Tatham
- Rickbeil Family Fund at Calgary Foundation
- Steve and Tina Wilson Family Foundation
- Ted Hanlon
- The Blue Spruce (2018) Trust
- The Community Opportunity Foundation of Alberta
- The Jackson Family Foundation
- The Ken and Roma Lett Foundation
- The Palmer Family Foundation
- The Tenaquip Foundation
- Tor Wilson
- Totem Charitable Foundation
- Tsang Family

BRONZE \$5,000 — \$9,999

- A. G. and Kaylene Pinder
- A. Robert and Winnifred Bezemer
- Alastair Handley
- Alex and Wendy Campbell Flow Through Fund at Calgary Foundation
- Anderson Family Foundation Inc.
- Andrea Hopps and Michael Mezei

- Andrew Melton
- Betty Hiltz
- Beverley Getzlaw
- Beverly MacLeod Family Fund at Calgary Foundation
- Brian Heninger
- Carol Love
- Carolin Teman
- Catholic Teachers Charities Association
- Connie L. Muller and Dr. Joseph R. Kelly
- Craig Fisher
- Craig Mclvor
- David and Dian Jenner
- David Pascoe
- Dawn and Jack Thrasher
- Derek Beatty
- Donald R. and Eleanor Seaman
- Erhard Krenz
- Evelyn and Alan Reimer
- Gail and Hector McFadyen
- Heather Mueller
- Jason and Theresa Baba Foundation
- Jody Balko
- Johannes and Doda Kingma
- John Anderson
- Judith and Steele Curry
- Julie Laviolette
- Louis and Robin Girard
- Lowry Family Fund at Calgary Foundation
- Mary Lou McCormick
- Megan L. Cornhill
- Michael and Debbie Dannish
- Paul Viccars
- Peter Johnson
- Philip Black
- Prism Schneider and Paul Chantle
- Raju Wani
- Richard Frank
- Rob Kelly
- Robert Coward
- Ross-Lynn Charitable Foundation
- Rotary Curling League of Calgary
- Sharon J. West
- Sharon Sudds
- Sir Wilfrid Laurier School
- Tamaratt Endowment Fund at Calgary Foundation
- The Barr Family Foundation
- The David & Rose Zivot Family Foundation
- The Hotchkiss Family Foundation
- The Hylcan Foundation
- The Welty Family Foundation
- Tyler Pinder
- Vern K. Olson
- Werklund Foundation
- Youth and Philanthropy Initiative Canada

DONORS \$1,000 — \$4,999

- Aarnoud Weelderden
- Adriena and Chad Mackarenko
- Agnes Lau
- Aimee Camaclang
- Akira and Misae Masuda Fund at Calgary Foundation
- Alberta Medical Association
- Alexander and Cathy Tye
- Alison and Andrew Love
- Alison Jeffrey
- Alla Wagner
- Allan Kay
- Amanda Hu
- Ambi Ray
- Andrew Mould
- Andy and Mary-Anne Znotins
- Angela Corsi
- Angie Blankert
- Anne Davidson
- Anne Dundas
- Anne Timmons
- Anthony and Elizabeth Fricke
- April Hughes
- Artemis Charitable Foundation
- Ashral Philips
- Barbara and Michael Morin
- Barbara Baker Fund
- Barbara Lindeburg
- Barry and Patricia Adamson
- Bernadette Eastick
- Bev and Tim Reed
- Beverley Reid
- Bill and Margaret Whelen Memorial Fund at Calgary Foundation
- Bill Appleby
- Bill Webb
- Bonnie Leach
- Brad and Laurel Farrow
- Brad Antoniuk
- Brad Johnston
- Bradley Baldwin
- Brenda and Brian Lenzin
- Brenda Prymack
- Brent and Andrea M. Osmond
- Brent Quinton
- Bret Hughes
- Brett and Catriona Chorney
- Brian Boulanger
- Brian Nelson
- Bruce Robertson
- Calgary +55 Hockey Association
- Calgary Lodge Menorah Foundation
- Calgary Numismatic Society
- Calgary Welsh Society
- Calgary Women in Energy
- Canada Post Corporation - Calgary Mail Processing Plant
- Canadian Pharmacists Association
- Cara Brown
- Carl Pope
- Carol De Wit
- Carolyn and George Campbell
- Cecile Latreille
- Certified Professional Bookkeepers of Canada
- Chad Neifer
- Charitable Foundation of the Family (Calgary)
- Cheryl and Craig Manness
- Chloe Mansfield
- Cindy Luu and Joshua Giroux
- Colleen Bezaire
- Colleen Day
- Connie Chadwick-Lynch
- Coro Hanlen
- Cosmopolitan International Club of Calgary
- Craig Nixon
- Dale Hohm
- Daniel Tataryn
- Danyal C. Foundation
- Darrell Martindale
- Darryl and Judith Dunphy
- Darryl J. Proudfoot
- Dave MacFarlane
- David and Lorenia Wozney
- David Hilsenteger
- David Rain
- David Sandmeyer
- David Shiroky
- Daylene Klassen
- Debbie and Roger Bloom
- Deborah Blakeman
- Deborah Owens
- Del Rath
- Devika Dixit
- Diana Hanevelt
- Don and Della Hohman
- Don G. and Maureen Snyder
- Don Nelson
- Don Smith
- Don Thompson
- Donald Edie
- Donald Terry Swystun Charitable Fund at Calgary Foundation
- Dorothy Bewernick
- Dorothy McLeod
- Douglas Lavoie
- Dr. Christopher and Mrs. Suzanne Doig
- Dr. James McGhee
- Dr. Janice L. Pasieka Foundation
- Dr. Ranjit Waghray
- Dragonheart Foundation
- DT Kayra Fund at Calgary Foundation
- Edward Bogle
- Eldon and Faye Fraser
- Ellen Restoule
- Elma So
- Elmien Wingert
- Emilio and Irene Fantin
- Enola and Ron Schmitz
- Ernest and Jeannette Hauser Endowment Fund
- Ernest and Rosamund Webber
- Estate of Rob Jensen
- Estate of Sheila Pink
- Ethan Phillips
- Evelyn Hunt
- Feldy Fund
- Frank Goodman
- Fred Moore
- Fredrick Currie
- G. Bradley Moore
- Gail and Richard Taylor
- Geoff and Laurie Steele
- George Botros
- Gerald and C.L. Richardson
- Gerald Hipple Family Foundation
- Gerry F. Hrap
- Gillian Forster and Matthew Reich
- Gisele Kelly
- Glenn Van't Wout
- Gordon James
- Gordon Rankin
- Greek Ladies Philoptohos Society of Calgary
- Greenfield Family Foundation
- Greenfield Foundation
- Gregg Scott
- Gregory Steger
- H.E. Beth Rankin
- Hall Family Flow Through Fund at Calgary Foundation
- Hannah Stilwell
- Harry and Martha Cohen Foundation
- Henry Allan R. De Paiva
- Hillhurst Rebekah Lodge No. 116
- Howard Lutley
- Howard Macleod
- Howard Marcotte
- Ively Araujo
- Ivor and Deborah Ruste Family Fund at Calgary Foundation
- Iwan Saunders and Linda Wagner
- Jacqueline Cullen
- James K. Gray
- James K. Wilson and Joanne Wallace
- James Rutledge
- Jamie L. Smith
- Janet Ellerby
- Janet Griesdale Fund
- Jason Enns
- Jason McGonigal
- Jeffrey Smith
- Jennifer Bayes
- Jessica and Scott Friesen
- Jessica Bakken
- Joanne Guimond
- Joanne M. Schaefer
- Jocelyn Beckett
- Joe Seidel
- Joelyn Papineau
- John and Elaine Reitmeier
- John and Mariette Van Wees Fund at Calgary Foundation
- John Beattie
- John Hemstock and Suzanne Journault-Hemstock
- John Kerby
- John Lui
- John Moore
- Jolene Jensen
- Jones Family Fund at Calgary Foundation
- Joy A. Brown
- Judy Atwater
- Kamryn Brown
- Kanovsky Family Foundation
- Karen and Tim O'Connor
- Karen Hall
- Karen Keck
- Karen Laurin
- Karin Richter
- Katherine Kurceba
- Kathleen S. Booth
- Kevin and Michelle Screpnechuk
- Kevin Swan
- Koeller Charitable Giving Fund at Calgary Foundation
- Kristina and Ralph Lindenblatt
- La Due Ladies Foundation
- Laura Nicol
- Laura Zawalsky
- Lauren Lukey
- Lee Poscente
- Lemieux Family Charitable Fund at Philantra Foundation
- Lenard Rasmussen
- Lenard Slobogian
- Les Siemieniuk
- Lillian Wong and Erwin Lonneberg
- Linda and Hart Abercrombie
- Linda Hames
- Linda J. Payne
- Lisa Gomez

- Liya Mathew
- Lucille Stambaugh
- Luke Lau
- Lyddia Molitor
- Lydia Scratch
- Lyndsay Campbell
- Lynne Howard
- Makami College Inc.
- Manna Ng
- Manuel J.R. Ferras
- Marc-Andre Beaudry
- Marcus Weidler
- Margaret and Paul Nazarchuk
- Margaret Dahlberg
- Margaret Enders
- Marilyn Sagert
- Mark Lackie
- Martha Billes
- Martin McGoldrick
- Marty Barry and Terry McTravis
- Mary Bailey
- Matthew Craven
- Matthew Ganes
- Matthew Law and Danelle Hames
- Mavis Ann Clark
- Max and Joy Feldman
- McIndoe Family Foundation Fund at Calgary Foundation
- Megan Szanik
- Melissa Holik
- Michael Beale
- Michael Cashion
- Michael Cecile
- Michael Nodwell
- Michael Williamson
- Michelle Sledz
- Miriam Mitchell-Banks
- Mitton Fund at Benefaction Foundation
- Morton Family Foundation
- Mountain Park School
- Mr. and Mrs. James F. Burns Senior Designated Fund at Calgary Foundation
- Muhua Li
- Murray Brown
- Neil Friesen
- Neil Thompson
- Niddrie Family Foundation
- Nils Bodtker
- Norma and Hugh Dougall
- Orest Kotelko
- Osten-Victor Fund at Calgary Foundation
- P. Robertson
- Pamela and Rick Dart
- Pamela Francis

- Pat and Lorne Larson Family Fund at Calgary Foundation
- Patricia and Terrance Lawrence
- Patricia Holtan
- Patrick Glass
- Paul and Karen Graham
- Paul Drew-Brook
- Paul Mendes
- Paul Minor
- Paul R. Price
- Peggy Seaver
- Peta Davies Family Foundation
- Peter and Carolyn Jamieson
- Philip Barg
- Philip Rosso
- Phoebe Lowry
- Polish Canadian Humanitarian Society
- Proud Family Fund at Calgary Foundation
- Radeeka Ratnayake
- Randy Beekhuizen
- Rawlyk Family Foundation
- Raymond Dai
- Redline Sorority
- Renelle Narowski
- Richard H. Pinder
- Richard S. Fox
- Richard Smith
- Rick Bekkerus
- Rick Holliday
- Rick Palmer
- Riverside School
- Robert and Yolande Hall
- Robert and Ann Smyth
- Robin Rogers
- Robin Somji
- Kelly Hewson - Rocky Mountain Charitable Giving Fund
- Roger Bloom
- Roger Delbaere and Lynette Husum
- Ronald and Elsie Dalby
- Ronald J. Davis
- Ronald Poelzer
- Rotary Club of Calgary - Fish Creek
- Royal Canadian Legion #284
- Royden Kowalchuk
- Russ and Elsie Bacon
- Ruth Weir
- Ryan Boag
- Ryan Coupland
- Ryan Groot
- Ryan Schneider
- Sally Aldred
- Sandra Alladin
- Sandra and Richard Willott

- Scott Janis
- Scott Pattinson
- Sharon and Joseph Irving
- Sharon Watkins
- Shearon and Richard Green
- Sheila McIntosh and Phil Ireland Family Fund at Calgary Foundation
- Shelley and William Filipski
- Shelley Spaner
- Siksika Nation
- Sonia Van Cauwenberghe
- Spearhead Fund at Calgary Foundation
- Stefenie Hart
- Stella Thompson
- Stephanie Sokolowski
- Stephen Whitney
- Stuart Hughes
- Susan Jones
- Susan Kennedy
- Suzan De Wit
- Tamara and Aris Alexander
- Tammy McMillan
- Tan Ho and Buu Van Foundation
- Tate Pinder
- Terri Adair
- Terry Caplette
- The Alberta Knights of Columbus Charitable Foundation
- The Gale Family Charitable Foundation
- The Hindle Family Foundation
- The KMET Foundation
- The ScotiaMcLeod Charitable Foundation
- The Scott Timson and Kim Flegg Family Fund at Calgary Foundation
- The Young Family Foundation
- Theresa Lavender
- Theresa M. Coady
- Tom and Rita Woertman
- Tomasz Lange
- Tony Petrilli
- Tracey Manerikar
- Traci Meades
- Trent and Josie Stangl
- Trent and Victoria Edwards
- Trisette Wulf
- Usman Afzal
- Val Teichroeb
- Vanessa Gayle
- Vered Amir
- Vern and Lynn Hult Family Fund
- Victor Escobar
- Victoria Schut
- Vince Moyer
- Virginia L. O'Rourke

- Vlad Juranek Foundation
- Wanklyn Family Fund at Calgary Foundation
- Wark Family Fund at Calgary Foundation
- Warren B. Greenbank
- William Hoffman-Turner
- William Janzen
- William Lowe
- William Smook
- Witches Night Out Society of Calgary
- Zach Stonley

OTHER SUPPORTERS & EVENTS

- 8.5 Virgin Radio
- Adiana Zhang - CTV Calgary - Bell Media
- Adina Gifts
- Ahmadiyya Muslim Community
- Alberta Diamond Exchange
- April Martin
- ARC Resources
- Awo Taan Healing Lodge Society
- Bankers Hall
- Bill Brooks - Calgary Herald
- Bill Marsh Photography
- Boilermakers Lodge 146
- Brookfield Place Calgary
- Calgary 55 Plus Hockey
- Calgary Central SDA Church
- Calgary Counselling
- Calgary Domestic Violence Collective
- Calgary Jewish Federation
- Calgary Marriott Downtown Hotel
- Calgary Police Service
- Calgary Rangers WFC 121 Blue
- Canada Post Employees
- Captain Nichola Goddard School
- Carmen Summers
- Carmoney Golf Course
- Champion Life Centre
- Christy Christen
- CJAY 92
- COBS Bread Bakery
- Copperfield School
- Dalmead Quilt Group
- Darrel Janz - CTV Calgary - Bell Media
- Dave Kelly
- Desjardins Insurance
- Domaine Furnishings
- Donate a Car

- Encore
- Envent Engineering
- espy Experience
- Father Lacombe High School
- Fifth Avenue Place
- Flower Artistry
- Frank Hall
- Funny 1060
- Grow Calgary
- Herschel Supply Company
- I Can for Kids
- John G. Diefenbaker High School
- Kean Tan
- Kelly Brothers Productions
- Kevin Stanfield - CTV Calgary - Bell Media
- Khalsa Aid
- Knix Calgary
- Lake Bonivista Girls Hockey
- Lana Wells
- Len Knight
- Linda Sanden
- Little Heaven Designs
- Marda Loop Seniors
- Momentum Health & Evidence Sport and Spine
- Mountain View Seniors Residence
- Munira Peermohamed and X Inc Canada Ltd.
- Na'amat Calgary Canada
- NorthRiver Midstream
- Northwest Health Care Properties
- Notably Real Estate
- Olympia Trust Company
- One Forty Four
- Orange Frog Productions Inc.

- Pacific Wines & Spirits
- Partridge Wine Imports
- Patricia Wilson
- Pattison Outdoor Advertising
- Paula Hawkes
- Remix: Powered by Revv52
- Rickis Fashion
- Rob Kelly
- Rocky Ridge Retirement Community
- Rowan House
- Run Calgary
- Ryan Harding - CTV Calgary - Bell Media
- Sagesse
- Skip the Depot
- SofaLand
- Soup Sisters
- Sponsor Energy
- St Mary High School
- Suncor Energy Centre
- Sunnyside School
- Suzi Schultz
- U of C - Women in Science and Engineering
- United Youth Foundation
- UTLC
- Veterans Association Calgary
- Waste Management
- Western Canada High School
- Westjet
- Wheatland Crisis Shelter
- Women and Wishes Gala
- Women of Rock
- Wordplay
- YW Calgary

FearIsNotLove is grateful to all our donors and supporters. We take pride in recognizing our donors in our Report to Community and make every effort in the accuracy in all recognition.

If you would like to make an update or have a correction, please contact our donations line at 403-539-5130 or at donations@fearisnotlove.ca.

IT'S TIME TO CHANGE THE CONVERSATION ABOUT DOMESTIC VIOLENCE AND ABUSE



Our goal is to help people to have violence-free lives, to live without fear, and get to the ultimate outcome—love.

Everyone has the right to feel safe, respected, supported and loved. **GET INVOLVED.**

LEARN MORE

about domestic violence and abuse.

HELP

someone you know or think is being abused.

SPEAK UP

and start the conversation about domestic violence and abuse.

PARTICIPATE

in community engagement opportunities and events.

CONTRIBUTE TODAY

donate and/or volunteer.

For more information about ways you can help: FearIsNotLove.ca.



CONTACT US

Connect Domestic Violence & Abuse Helpline:
(403) 234-SAFE (7233)
Email: help@fearisnotlove.ca

Men's Resource Line: **1-833-327-MENS (6367)**
menand.ca

GENERAL INQUIRIES

Administration: **(403) 290-1552**
General Email: info@fearisnotlove.ca
Donations Line: **(403) 539-5130**

Charitable Registration Number: 12988 3443 RR0001

FOLLOW US





REPORT TO COMMUNITY

2022-23

It's time to **CHANGE THE CONVERSATION**



FearIsNotLove

Every human has the **right to feel safe, respected, supported** and loved.

FearIsNotLove.ca