

Essential Needs

Emergency Shelter OTC medication (Travel Size) Twin Comforters/Sheets Pillows Dish Soap Bath towels, Hand towels, Face Cloths Baby Wipes Diaper Rash Cream Size 4-5 diapers ONLY	Community Support Body Lotion Loofahs Bath Bombs Make up Q-tips Journals Adult Coloring Books Water Bottles	Clothing All sizes for children and Mom Jogger Pants Tops Hoodies Runners/Spring Jackets Sports Bras Slippers
Child, Youth & Family Program Kinetic Sand Magazines Liquid Glue Beads/Gems Feathers Stickers Art Activity Kits	<u>Child Activity Centre</u> Laminating Machine Formula Baby Food (jars, pouches, snacks) Baby Bottles/Sippy Cups	Healthy Relationships SIM cards Pre-paid Phone cards Transit Passes Earbuds /Headphones Android Phone chargers Grocery Cards (Walmart/Superstore)

*Due to health and safety concerns, we cannot accept used clothing and toys.

*We cannot accept new or used furniture, small appliances and household items.

*We do not take hotel/travel size due to the length of stay that clients are at the Shelter.